

Chatham County Aging Services

May 2026

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|
| | | | | 1 |
|  |  | <p>If you have any questions or need to cancel your meal contact:</p> <p>Barbara Woody 919-545-8413</p> | | <p>Sliced Ham Northern Beans Turnip Greens Cornbread Fruit & Grain Bar Milk</p> |
| 4 | 5 | 6 | 7 | 8 |
| <p>A-1 Chopped Steak Egg Noodles Glazed Baby Carrots Texas Bread Fruit Punch Juice Milk</p> | <p>Chicken Chef Salad Potato Salad Cucumber Tom. Salad Saltine Crackers Strawberry Shortcake Ranch Dressing Milk</p> | <p>Sliced Turkey & Cheese Pasta Salad Beet Salad Wheat Bread (2) Applesauce Mustard Milk</p> | <p>BBQ Pulled Pork/Bun Baked Beans Coleslaw Warm Mixed Fruit Milk</p> | <p>Pizza Casserole Green Peas California Vegetables Dinner Roll Peaches Milk</p> |
| 11 | 12 | 13 | 14 | 15 |
| <p>Turkey Breast w/Grvy Rice Pilaf Corn Texas Bread Very Berry Juice Milk</p> | <p>Beef Patty/Bun Baked Beans Green Peas Mixed Fruit Ketchup Milk</p> | <p>BBQ Chicken Breast Macaroni & Cheese Collard Greens Dinner Roll Fruit & Grain Bar Milk</p> | <p>Taco Meat/Tortilla Fiesta Rice Mixed Beans Taco Sauce Apple Juice Milk</p> | <p>Tuna Salad Kidney Bean Salad Cucumber Tom. Salad Wheat Bread (2) Seasonal Fruit Milk</p> |
| 18 | 19 | 20 | 21 | 22 |
| <p>Spaghetti Casserole Green Peas Wheat Roll Warm Spiced Fruit Milk</p> | <p>Turkey Salad/Bun Potato Salad Carrot Raisin Salad Seasonal Fruit Milk</p> | <p>Pork Roast w/Sauce Rice Pilaf Spring Vegetables Texas Bread Mandarin Oranges Milk</p> | <p>Garlic Rosmary Chicken Buttermilk Potatoes Green Beans Dinner Roll Fig Bar Cookie Milk</p> | <p>Ham & Cheese Vegetable Rice Soup Lima Beans Wheat Bread (2) Pineapple Milk</p> |
| 25 | 26 | 27 | 28 | 29 |
| <p>CLOSED</p> <p>MEMORIAL DAY</p> | <p>Beef Chili w/Beans Confetti Rice Glazed Carrots Texas Bread Apple Juice Milk</p> | <p>Egg Salad Macaroni Salad Italian Tomatoes White Bread (2) Mandarin Oranges Milk</p> | <p>Meatloaf w/Gravy Whipped Potatoes Corn Wheat Roll Mixed Fruit Milk</p> | <p>Sliced Ham Northern Beans Turnip Greens Cornbread Fruit & Grain Bar Milk</p> |

CAUTION: Any of our meals may contain one or more of the following food allergens: Milk, Wheat, Eggs, Soy, Shellfish, Sesame, Peanuts, Tree Nuts or Fish